

Family Tree



GWYNEDD

HEALTHCARE & REHABILITATION CENTER

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DEAR FRIENDS,

With summer in full swing, there is lots happening here at Gwynedd Healthcare & Rehabilitation Center.

We are excited to announce that every room now has cable TV – an amenity that is sure to enrich our residents’ comfort. To further enhance the Gwynedd experience, full-scale renovations are now underway. Plans include all-new resident rooms, day rooms and a state-of-the-art rehab gym.

Please be assured that we will keep all disruption to a minimum throughout this project and look forward to unveiling our new & improved center!

LEON TARLOW, ADMINISTRATOR

The Metamorphosis of a Butterfly

EXPLORING LIFE’S STAGES



Our hands-on “Butterfly Release” project was an eye-opening experience that gave us a wondrous glimpse into the miracles of nature. The project commenced with our residents naming each caterpillar. We then watched in amazement as the insects went through their life cycle over a period of three weeks. As the caterpillars morphed within their cocoons (chrysalis), we discussed the transition from childhood to adolescence – “What did you want to be when you grew up? First jobs, first loves, favorite things to do as a kid”. Later, as the magnificent butterflies emerged from their slumber we focused on the various stages of adulthood – careers, marriage, children, family vacations, etc.

After all the butterflies’ wings were dry and ready for flight, we went out to the courtyard and set them free. The residents were given sugar-water soaked sponges, so the butterflies could drink before their flight. We were delighted to have some family members join us at our butterfly release and we enjoyed further conversations on places we have been or would have loved to go. It was a beautiful and memorable day for all who were there. Residents then enjoyed their own sugar-water treat – Italian water ice.



From Caterpillars to Chrysalis to Butterflies

OUR THERAPY TEAM TAKES THE CAKE! Helping Our Residents Feel At Home

A recent short-term resident at Gwynedd, Grace Kratz chose to recover at our center since her late husband had been here for rehab in the past. A proud mother who is deeply involved in her children’s lives, Grace makes sure to bake her daughter a strawberry frosted chocolate birthday cake every year.

To her dismay, her stay at Gwynedd overlapped with her daughter’s birthday. Our thoughtful therapy staff stepped in to help Grace maintain her annual tradition. They purchased the necessary ingredients, gathered some cooking utensils and a portable oven from the Activities

Department, and Grace was able to set-up, mix, and bake her daughter’s favorite cake all on her own (with only supervision from staff).



Grace with her dedicated therapist Jessica Solt

It was quite a surprise to Grace’s family, who were thrilled that their mom was given the opportunity to whip up a homemade birthday cake, baked with love.

While Grace was here at Gwynedd she was an eager participant in all our activities – our morning friendship club (when not in therapy), bingo, any music entertainment . . . but what she loved most of all were the frequent visits from her beloved family.

It's Direct TV Time!



Roommates Lena Catanzaro and Eva Rooney, enjoy watching ABC and The God Channel together, when not attending activities.

Thrilled with the recent transition to Direct TV, Lena and Eva often host other residents to watch TV in their room with them.

In Stars & Stripes Celebrating Independence Day

Our staff and residents had a blast at our Independence Day Celebration with music, sweet treats, and photo props!



Patsy Reinbold



Sandi Barrish



Bob Booth



Pat Vaccarella and Stephanie Simms



Elmira Norrell



Pat Vaccarella

"I am walking around beautifully now."

I was very pleased with the care I received at Gwynedd after undergoing hip surgery.

The therapy and nursing staff were outstanding and helped me get stronger. Everyone extended themselves beyond the call of duty, even the office personnel!"

– MR. H.

EVENTS & ACTIVITIES

AUGUST 10 | Annual Luau Island Party with Music Entertainment by Steve & Linda

AUGUST 15 | Sing-Along with Glenn Faul

AUGUST 22 | Monthly Birthday Celebration with Doo Wop Debbie

AUGUST 30 | Mummer's Parade

SEPTEMBER 3 | Labor Day Picnic, and Party with MO Better Entertainment

SEPTEMBER 9 | Grandparents Day Social

SEPTEMBER 10 | Karaoke Night with Steve Brown

SEPTEMBER 11 | Patriot Day Social

SEPTEMBER 12 | Monthly Birthday Celebration with Music Entertainment by Jimmy Edwards

SEPTEMBER 18 | Broadway Show Stoppers

SEPTEMBER 20 | Karaoke Night with Steve Brown

Friendship Circle

Daily, 9:30 am | 3:45 pm

Rising Stars

Daily, 10:15 am to 8:00 pm

Community Crochet Club

Every Thursday at 2 pm
(except the 1st Thursday of the month, when we have Resident Council)