

Family Tree



GWYNEDD
HEALTHCARE & REHABILITATION CENTER

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DEAR FRIENDS,

Recent months were filled with a rich array of multi-cultural activities – from our Winter Olympics to our expanded Friendship Circle and Crochet Club. After this long, snowy winter our residents can now take advantage of our beautiful courtyard and gardens.

Stay tuned for details about the exciting Butterfly Release we have planned!

LEON TARLOW, ADMINISTRATOR

The Olympic Champions at Gwynedd Healthcare

Biathlon – Rifle Shooting:
Katie Dimitriev (Therapy)
and Jean Billito



Resident Hockey Game



Obstacle Course:
Shimmie Wible (Activities)
and Corrine Wightman



Opening Day Ceremony for
Olympics: Gwynedd Residents
and Korean Cultural Ministry

Meet Our New Director of Nursing



L to R: Katherine Clowney, DON, and Gail Munley, Assistant Administrator

We extend a warm welcome to Katherine Clowney, our new Director of Nursing.

A DON and Nursing Supervisor since 2010, Katherine has managed different levels of care throughout her career – including independent living, subacute rehab, and skilled nursing.

Katherine's compassionate and outgoing personality is displayed in her interactions with both residents and staff, and she has expressed her enthusiasm to be at the helm of a nursing staff recognized for providing excellence in clinical care.

"What we gain from our residents through our interactions, conversations and experiences is priceless", says Katherine. "I look forward to managing the nursing department, and ensuring the regulatory compliance that makes Gwynedd a 5-Star Healthcare & Rehabilitation Center".

Katherine assumes the position previously held by Gail Munley, who was recently promoted to Assistant Administrator. Gail, an integral part of Gwynedd for 25 years, originally joined the nursing field because she wanted to make a difference in people's lives. In her new role, Gail aspires for the staff to see each resident as a unique individual, and to work together to assist residents in achieving their highest possible level of wellbeing and independence.

"We work with residents and their families to make Gwynedd as close to home as we can."

– KATHERINE CLOWNEY

"I love seeing a resident smile, hearing a heartfelt 'thank you', and watching rehab patients achieve their goals and return home."

– GAIL MUNLEY



SPOTLIGHT ON:

VitalStim Therapy

Our expanded therapy services at Gwynedd now include VitalStim – a non-invasive and effective modality used to treat patients with difficulty swallowing or dysphagia.

Jinnie James, our Speech-Language Pathologist, has recently become VitalStim certified. VitalStim is a form of neuromuscular stimulation, where electrodes are placed on the neck. Typically, it is used alongside traditional swallowing exercises. The goal is to stimulate and re-educate the muscles involved in swallowing to minimize the risk of aspiration when eating and drinking.

Jinnie has been treating Dale Scerati, a Gwynedd resident, with VitalStim since her admission to our center in March. Dale arrived on a puree diet with honey thick liquids. After several weeks of VitalStim and traditional dysphagia therapy, Dale now enjoys a regular diet with thin liquids and is tolerating this without any signs of aspiration. She is preparing for discharge home with her new and improved swallowing function.



L to R: Jinnie James, Speech-Language Pathologist, treating Dale Scerati with VitalStim

EVENTS & ACTIVITIES

JUNE 8 | Karaoke with Steve Brown

JUNE 13 | Birthday Celebration with Doo Wop Debb

JUNE 18 | Karaoke with Steve Brown

JUNE 27 | Summer Beach Party with DJ Neil

JULY 4 | Independence Day Celebration with Music by Mia Johnson

JULY 10 | Broadway Music by Senior Center Stage

JULY 11 | Birthday Celebration with Krissy Johnson

JULY 17 | 70's Show by Steve Brown

JULY 19 | Summer Flower Slide Show by Ben Stoffer

JULY 23 | Sing-Along with Glenn Faul

COMMUNITY HIGHLIGHTS

HAVING A BALL CROCHETING FOR THE COMMUNITY!

Our residents meet weekly in our A-Wing Lounge to crochet baby blankets and hats to be distributed to new moms by Morning Star Ministry – an organization based in Souderton, PA.



Friendship Circle

Always looking to increase intergenerational interaction at Gwynedd, we occasionally have local schools come in to participate in our programs.

Pennbrook Middle School students recently joined our daily Friendship Circle. Tables were set up with different activities – varying from the classic Scrabble, Jenga, 20 Questions, Connect 4 and Bingo, to the popular, new Cake Splat. Both residents and students enjoyed some whipped cream, fun and lots of laughs!

