

Family Tree



GWYNEDD
HEALTHCARE & REHABILITATION CENTER

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Dear Friends!

This newsletter is a wonderful opportunity to formally introduce myself as the new Administrator at Gwynedd Healthcare & Rehabilitation Center

I have worked in long term care for the past decade in multiple capacities and feel privileged to now work in such a wonderful family environment. Since joining the Gwynedd team, I have seen up close time and time again, how every step taken and every facet of care is directed toward one ultimate goal – making our residents and families feel truly at home.

On a separate note, our extensive renovations are in full swing and we've gotten lots of positive feedback from residents and visitors alike. We invite you to take a peek!



Warm Regards,

Michelle Taylor

MICHELLE TAYLOR,
ADMINISTRATOR

The Young & Young At Heart BRIDGING THE AGES AT GWYNEDD

Gwynedd seniors recently enjoyed a fun-filled day with students from Pennedale Middle School as they engaged in favorite pastimes such as scrabble, monopoly and jigsaw puzzles. Our Intergenerational program has had an incalculable impact on the quality of life for both our young participants and our residents as they reconnect with the joys of the past and share fascinating stories of a time before technology, encouraging community and social interaction and a renewed sense of self-worth.



We encourage our family, friends and community volunteers to visit our facility and share new experiences with our seniors to help combat social isolation and support the vibrant family atmosphere that we have come to be known for.

A REHAB SUCCESS STORY

It speaks volumes about our caliber of care when one of very own past employees chooses to return to our center for a rehab stay. Myrtle Nelson, a recently discharged short-term rehab resident, worked at Gwynedd as a CNA and Unit Secretary for 14 years until her retirement.

“Hands down, Gwynedd’s got the best staff – they give excellent care. There was nowhere else I wanted to go for therapy!”

- MYRTLE NELSON
Short-Term Resident at Gwynedd

When Myrtle suffered a hip fracture following a fall, she knew Gwynedd Healthcare was the ideal setting for her recuperation. The icing on the cake was having her lovely daughter-in-law Cory Nelson who serves as our Business Office Manager, in-house, as she was able to see her daily

Myrtle underwent 3 weeks of intensive physical and occupational therapy to regain her mobility and physical functionality, and she did remarkably well. Our wonderful therapy staff also initiated a post-discharge plan of care to identify and address deficits to reduce her risk of falls, along with muscle-strengthening exercises to do daily at home.

“I tell all my friends about how wonderful it is here” says Myrtle, and true to her word – when a close friend recently fractured her hip, she chose to rehab at Gwynedd – upon Myrtle’s recommendation.



SPOTLIGHT ON OUR ACTIVITIES DIRECTOR:



Nicole Staropoli

An integral part of our Activity Department for close to 12 years, Nicole was recently promoted to the helm of our Activities Program.

A resident of nearby Lansdale, she began her career at Gwynedd in the Dietary Department, transferred to Unit Clerk for a year, and then found her true calling in our Activities Department.

“There are many great things going on here, I plan to keep building on this fabulous momentum,” observes Nicole. “Whether it’s our weekly Kitchen Kapers, our daily Sunshine Club or Friendship Circle, or a special event – there is always something exciting scheduled to suit everyone’s needs!”

RECREATION HIGHLIGHTS

At Our Annual Carnival



The Creative Pumpkin Spirit

Our yearly Pumpkin Decorating Contest showcases the latent talent and ingenuity of our creative staff. Winners were carefully selected by our residents who acted as judges for the event.

**And the winners:
Pam LNAC
and Tova RNAC.**



NOV 1 Resident Council
NOV 2 Kitchen Kapers
NOV 6 Broadway Showstoppers
NOV 9 Karaoke with Steve Brown
NOV 11 Veterans Day Social
NOV 14 Birthday Party with Jimmy Edwards
NOV 16 Kitchen Kapers
NOV 19 Karaoke with Steve Brown
NOV 22 Thanksgiving Tea with Bobby Newton
NOV 23 Korean Chorus
NOV 27 Philadelphia Mummers
NOV 29 Christmas Carols with Montco Senior Choir

Friendship Circle / Sunshine Club
Daily, 9:30 am

Rising Stars
Daily, 10:15 am to 8:00 pm

Community Crochet Club
Every Thursday at 2 pm
(except the 1st Thursday of the month, when we have Resident Council)

