

STATE-OF-THE-ART

Stroke Recovery Program



OAKWOOD
HEALTHCARE & REHABILITATION CENTER

Harnessing the latest technology to help stroke patients regain their strength, mobility & independence.

Individuals recovering from stroke must overcome many challenges to recapture the basic skills they've lost.

At Oakwood, we are here to assist residents on their journey – easing the way in our supportive environment as we facilitate their return to the daily activities they love.

To help residents attain the best possible outcomes, our therapists develop goal-directed treatment plans that:

PROMOTE physical function and enhance the skills needed to perform daily activities

OPTIMIZE strength, balance and mobility

IMPROVE speech and swallowing

DEVELOP new cognitive and behavioral strategies to compensate for any deficits

OUR SPECIALIZED PROGRAM FEATURES:

Cutting-Edge Equipment & Technology

Our interactive modalities transform the rehab experience, making each session an enjoyable encounter.



Providing dynamic body weight support for safe and intensive gait training without the risk of falling



Providing arm-weight support in an extensive 3D workspace to foster the recovery of arm and hand function

A Multidisciplinary Team



Expert
Therapists



Specially Trained
Nurses



2 Psychiatrists
On Staff



Consulting
Specialists

Psycho-Social Support



Mental Health
Evaluations



Resident / Family
Education & Support



Therapeutic
Recreation Activities



Resident Feedback

Our residents are enjoying our new, groundbreaking equipment. They feel empowered by the demonstrable and measurable results that ensue.

Our Mobile Robotic Gait Trainer

"This machine helps me walk a lot better. I feel like I can walk normally in it. My ankles don't hurt and they stay straighter than when I walk with the platform walker. I feel like I'm walking like a normal person."

– Angel R.

"This machine is amazing. I'm actually walking."

–Annette J.

"I'm walking much better now."

– Nouredin C.

Our 3D Arm-Weight Apparatus

"This new technology has everything but the kitchen sink. I'm raising my arm up higher."

– Anthony G.

"This is great; I didn't even realize I was doing it so long."

– Allen K.



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Advancing Excellence

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When using our
ROBOTIC GAIT TRAINER
a study has shown that:

- The perceived **difficulty of walking was reduced** when compared to using a walking aid
- More patients reported **feeling safer** than with their walking aid.
- **90%** of patients reported a **sense of freedom** to go wherever they wanted to.
- Steering & obstacle avoidance capabilities were rated at least **“more or less easy”** by **85% & 95%** of patients, respectively.



Source:

Usability of a new over-ground body weight support device for gait training: Archives of Physical Medicine and Rehabilitation, Volume 97, Issue 10, e134



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For 24/7 admissions call



(215) 673.7000



OAKWOOD

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**Yes! We accept Medicare, Medicaid
& most insurances.**

**Located right off Roosevelt Blvd. in
Northeast Philadelphia, our center is
easily accessible by car & public transit.**

**Contact us to learn more about
our program! (215)673.7000 x133**

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